

BOXING SOUTH AFRICA'S HANDLING OF COVID-19 POSITIVE CASES



A. PURPOSE

- 1) Pursuant to Boxing SA's submission of its operational plans for the resumption of boxing training and boxing competition in a Covid-19 environment on Thursday, 25 June 2020, feedback was received from the department on Monday, 29 June 2020. The feedback confirmed the responsiveness of Boxing SA's operational plans on a number of areas and also flagged out some shortcomings which needed response or action from Boxing SA.
- 2) Most of the responses have already been provided in the primary response which is on the same template as received from the department. This document does however seek to specifically give further on the aspect of measures that will be put in place to handle cases of licensees who fail screening or those who fail testing and how these cases will be brought to attention of the Department of Sport, Arts and Culture and the Department of Health.

B. BACKGROUND

- 3) Boxing SA's guidelines in this regard have been, among others, guided by Department of Health Guidelines for symptom monitoring and management of essential workers for Covid-19 related infections. These guidelines are applicable to people who will be visiting the training facilities for professional boxing essential (gyms). The aim of this guideline is to enable:
 - 4) Early and timeous identification and diagnosis of members at risk of COVID-19 infection
 - 5) Early referral for appropriate treatment, care and timeous return to training of affected members
 - 6) The protection of other unaffected members, suppliers and inspectors of Boxing SA
 - 7) Please note: This guide must be read in conjunction with the risk-adjusted plan back to the ring, to guide additional members' preserving strategies.

C. PROCEDURE

- a) All Members should be screened for COVID-19 related symptoms and report such symptoms to the compliance officer prior to entry into the gym in order for a decision to be made as to the respective member's continued attendance at the gym.
- b) At the start of training and prior to ending the training session, the compliance officer must check with all members whether they have experienced sudden onset of any of the following symptoms: cough, sore throat, shortness of breath or fever/chills (or $\geq 38^{\circ}\text{C}$ measured temperature if this is available at the worksite), in the past 24 hours as outlined in the symptom monitoring sheet. These are the current criteria for the identification of persons under investigation (PUI).
- c) Should any member report any of the abovementioned symptoms, s/he should immediately be advised not to come to the gym and referred to the occupational health clinic, family practitioner or primary care clinic for further clinical evaluation and COVID-19 testing if indicated.
- d) On receiving the member should notify the compliance officer. The compliance officer must ensure that the gym take proactive steps to obtain this information to avoid any delays in reporting.
- e) The member should be managed according to either scenario 1 or 2 in the algorithm outlined below.
- f) A positive COVID-19 test in any member will require all potential contacts in the gym to be assessed using scenarios 3 or 4 in the algorithm outlined below. For that reason, the tracing register should be kept on daily basis and should always be accurate.
- g) A positive COVID-19 test in any member will further require the gym to be immediately closed and remain closed until a thorough cleaning and disinfection has been carried out and the gym is safe and hygienic for resumption of training.
- h) All members, on returning to the gym after isolation or quarantine period, should follow general restrictions that include:
 - i. *undergo medical evaluation to confirm that they are fit to resume training.*
 - ii. *Full compliance with all other health and hygiene measures as contained in the Risk-adjusted plan.*
 - iii. *Adherence to hand hygiene, respiratory hygiene, and cough etiquette*
 - iv. *Continued self-monitoring for symptoms, and seek medical re-evaluation if respiratory symptoms recur or worsen*

D. SCENARIOS

8) Member tests positive for Covid-19

- (a) Member must be placed on sick leave and must self-isolate at home.
- (b) The employer must notify the National Institution for Communicable Diseases (NICD) at 0800 029 999 and Boxing South Africa.
- (c) Member can only return to gym 14 days after the onset of symptoms or 14 days after clinical stability, in severe cases provided that the in either case, the member would have first been cleared by BSA Medical Officer.

9) Member has current flu-like symptoms

- a) The member should be assessed by a health professional.
- b) If the member presents symptoms of an acute respiratory infection, they should be tested for Covid-19. If the test comes back negative, member may return to gym.
- c) If the test comes back positive, the scenario set-out above must be followed.

10) Members who have a high-risk of exposure to a confirmed case of Covid-19

- a) High-risk means that a member was within one metre of a confirmed case of Covid-19 for more than 15 minutes without personal protective equipment (PPE) and came into direct contact with droplets from the Covid-19 patient's nose or mouth. The compliance officer must first assess and confirm the exposure to the virus.
- b) If the exposure is confirmed, the NICD must be notified and the member must be sent for testing. The compliance officer must direct that the member must self-isolate while awaiting results.
- c) The member should also perform daily self-checks for symptoms and complete the symptom monitoring sheet for the intervening period while awaiting test results. Even if the member is asymptomatic, the member must remain in self-isolation until results are received and presented to BSA Medical Officer.
- d) Should Covid-19 symptoms develop, employers must follow scenario 2.

11) Members who have a low-risk of exposure to a confirmed case of Covid-19 in the workplace

- a) Low-risk means that the employee was more than one metre away from a confirmed case of Covid-19 for less than 15 minutes or within one metre of a confirmed case of Covid-19 but they were wearing PPE to cover their mouth, nose and/or eyes.
- b) The compliance officer must still assess and confirm the exposure. This must still be treated as scenario 3 above.

12) The three Scenarios

<p>Scenario 1: Member with confirmed Covid-19 test</p>	<p>To remain consistent with the advise on NDOH clinical management of Covid-19 disease guidelines, scenario 1 will require self-isolation for 14days after symptom onset (mild case) and 14 days after clinical stability (sever cases). On either cases, a member can only return to training after being cleared to do so by BSA Medical Officer/ Ringside Physician.</p>
<p>Scenario 2: Member with current flu-like symptoms</p>	<p>In line with NCID and International criteria (US CDC), any member in which direct Covid-19 contact who develops an acute respiratory infection (eg, cough, shortness of breath, sore throat) with or without fever (38 degrees Celsius and above) or history of fever (eg. Night sweats, chills) is a suspected Covid-19 case. He/she must complete NICD PUI form and the compliance officer must notify the NICD 0800 029 999. He/she must perform SARS-COV-2 RT-PCR testing. For members with a negative PT-PCR test, but high Covid-19 exposure and Covid-19 compatible symptoms, member must go for further testing and self-quarantine. If an on alternative diagnosis is made (eg. Influenza), the criteria for return to training should be based that diagnosis and clearance from BSA Medical Officer.</p>
<p>Scenario 3: Suspected Covid-19 exposure , asymptomatic</p>	<p>For any form of exposure to a confirmed case, the compliance officer must confirm the Covid-19 exposure risk in line with WHO exposure tool risk. The Compliance Officer must notify NCID 0800 029 999. Member must immediately stop coming to the gym for at least 14 days and perform daily symptom self-check and complete symptom monitoring form. If asymptomatic, the member may return to training after 14 days and after being cleared to do so by BSA Medical Officer.</p>

13) Process flow

